

# Journey Girls

bold steps to a bright future

## BASIC TRAINING: Life Lessons for High School Girls

Being a teenage girl today isn't easy. Come and join us for a one-day seminar that was designed especially for you! You will learn effective strategies needed to take bold steps toward your own bright future.

### Why:

BASIC TRAINING is designed to help guide teen girls just like you through the everyday challenges of becoming a woman.

### When:

Saturday, October 16, 2010  
10:00 A.M. - 4:30 P.M.

### Cost:

\$15 conference fee \*\*

Continental breakfast and lunch will be provided.

(On-site registration is \$20.)

### Where:

Allen Temple AME Church  
1625 Joseph E. Boone Blvd. (formerly Simpson Rd.)  
Atlanta, Georgia 30314

### Parent workshop on the Five Love Languages of Teens:

Improving communication with your teen

When: 1:30 -3:00 P.M. / Cost: \$10

Domestic violence

Conference is worth  
7 hours of community service.

Communication skills

Self image & confidence

College essay review!  
Bring your essays for a  
FREE analysis!

Bad boy attraction

Self-esteem & wellness

Decision making skills

Abstinence

Dating and  
relationships from the  
male perspective



\*Scholarships available to those who qualify

Register today at [www.journeygirls.org](http://www.journeygirls.org)

or by fax at 678.868.1842. Please call 404.475.4870 with further inquiries.

This program is sponsored by **Solomon's Circle, Inc.**, a non-profit organization.

# Who Can Benefit from Journey Girls?

## Who Should I Refer?

### Girls ages 14 -18 who...

...have strong leadership skills. Girls who have self-esteem challenges and/or who are:

- college-bound
- uncertain about their future
  - extroverted
  - introverted
  - athletic
- non-participants in extra-curricular activities
  - honor students
  - underachievers.

**Every Girl is a Journey Girl** and would benefit tremendously from participating in our program.

In addition to our Annual Basic Training Conference, we also offer a **12 week Academy** that is offered several times per year and meets for two hours on Saturdays, and we offer **Quarterly half day Seminars** on selected topics of interest to our girls.



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